

# Mama Melo's Croquettes

3 baked potatoes, smashed  
2 small cans tuna, drained, flaked  
(options: salmon, cod fish, etc.)  
3 green onions, chopped  
1 handful of parsley, chopped  
5 eggs, scrambled  
½ teaspoon HOT paprika, Red Hot Pepper  
Powder or Portuguese Malageta  
1 teaspoon garlic salt  
2 tablespoon corn starch  
Vegetable oil  
Optional: 2 tablespoon bread crumbs

Mix all ingredients together and roll into croquettes.  
Optional: roll in bread crumbs  
Fry in oil

*Serve and enjoy!*

Have a recipe you think pairs perfectly with one of our wines?  
Share it with us! [wineclub@martinraywinery.com](mailto:wineclub@martinraywinery.com)  
[www.martinraywinery.com](http://www.martinraywinery.com)

*Serve with our  
2010 Courtney Benham  
Santa Barbara County  
Dry Gewürztraminer*



*Mama Melo with son Victor*

